**FREE EXPERIENCER RESEARCH STUDY**

**Phase 3 – Draft, 12/8/15**

**Instructions to Participants**

*The Foundation for Research into Extraterrestrial Encounters (FREE) is grateful for your interest in providing us with information to better understand the nature of the contact experiencer phenomenon.*

*You are receiving this questionnaire as a follow-up to the surveys you took of your reported experience. Please be assured that your participation in this project is completely voluntary. If there are any questions that you prefer not to answer, you may skip them. All information that you provide through your participation in this study will be kept confidential. Further, you will not be identified in any report or publication based on this research.*

*Your continued participation in this study would be greatly appreciated.*

*Please submit your responses to this questionnaire on an attached Microsoft Word document and send it to our FREE Email address (*[*EXPERIENCER.CO@GMAIL.COM*](mailto:EXPERIENCER.CO@GMAIL.COM)*) no later than January* ***XXX*** *2016.*

Terminology: Our definition of “ET” is a “Non-Human Intelligent Being” (NHI). This being can be Extraterrestrial, can be from another Dimension, etc. This living “Being” is not human and is “intelligent”

Memory Recall of Experience with an ET: For the categories and related questions in this questionnaire, you will be asked to specify one or more of your mental and psychological states or conditions during your encounter(s) with an ET. Specifically state if this experience was realized from one or more of the following examples:

a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O) (specify the form of memory recollection).

Use the acronyms for each above in your responses for each question.

A definition for each is provided below:

a. Conscious Explicit Memory (CEM): Intentional recollection of previous experiences and information. People use explicit memory throughout the day, such as remembering the time of an appointment or recollecting an event from years ago. Explicit memory involves conscious, not unconscious or an altered form of memory.

b. Hypnotic Regression/Hypnosis (H): Hypnotic Regression is the process by which you enter a trance and recall material from deep inside that is normally not available to the conscious mind. During hypnosis, one person (the subject) is guided by another (the hypnotist) to respond to suggestions for changes in subjective experience, alterations in perception, sensation, emotion, and thought or behavior. Persons can also learn self-hypnosis, which is the act of administering hypnotic procedures on one's own.

c. Lucid Dream (LD): A lucid dream is any [dream](https://en.wikipedia.org/wiki/Dream) in which one is aware that one is dreaming. In a lucid dream, the dreamer has greater chances to exert some degree of control over their participation within the dream or be able to manipulate their imaginary experiences in the dream environment. Lucid dreams can be realistic and vivid and involve the following characteristics:

* Awareness of the dream state (orientation);
* Awareness of the capacity to make decisions;
* Awareness of memory functions;
* Awareness of self;
* Awareness of the dream environment;
* Awareness of the meaning of the dream;
* Awareness of concentration and focus (the subjective clarity of that state).

d. Mystical Meditation (MM): Is a practice in which an individual trains the mind or induces a mode of consciousness, either to realize some benefit or as an end in itself. The American Heritage Dictionary of the English Language defines Mysticism as: A spiritual discipline aiming at union with the divine through deep meditation or trancelike contemplation; the expression of such communion, as described by mystics; any belief in the existence of realities beyond perceptual or intellectual apprehension but central to being and directly accessible by intuition.

e. Meditation (M): the practice of focusing attention to enhance awareness and gain more control of physical and mental processes. Techniques used in meditation vary and include activities such as repetitive chanting and breathing exercises.

f. Drug Induced (DI): Drugs which may change sensory experience, perception, mood, thinking, and behavior. Hallucinations are sensory or perceptual experiences that happen without any external stimulus and may confuse a person’s sense of space and time. Some examples are LSD, mescaline, psilocybin, DMT, and ayahuasca.

g. Other (O): Specify the form of memory recollection if not addressed above.

**Questions to Participants**

For each question indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for questions 3-20. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

**Please type in the space provided your answer (or response), providing as much detail as you think is needed for others to be able to really understand your experience.**

1. Have you ever been diagnosed by a physician as having a mental illness? If so, please name or describe the type of illness, when it was diagnosed, and how it was treated, and if you are still being treated for this mental illness

2. Please discuss if you have had any preconceived beliefs and opinions prior to taking these F.R.E.E. questionnaires about encounters with a form of ET, a non-human intelligent being.

3. Please provide as much detail as possible of your encounter experience with NHI from the beginning to end. Include in your response whether the entire NHI encounter took place only indirectly, not in person, or without a NHI present.

**1. Family History of Contact**

1. ET Contact: If any other member of your family had contact with a non-human intelligent being please provide the details for each of these experiences.
2. Paranormal Experiences: If any other member of your family has had paranormal experiences please provide the details for each of these experiences.
3. Relationship: Do you believe there is a relationship between your experience and the experience of your family member? Yes/No. If yes, please elaborate

**2. ET Contact Experiences**

For each of the questions indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for each question. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

1. Please provide as much detail as possible of your encounter experience with Non-human intelligent (NHI) beings from the beginning to end. Include in your response whether the entire NHI encounter take place only indirectly, not in person, or without a NHI present? Were you alone in your Contact Experience or were you with one of more witnesses/experiencers?
2. If this experience is part of a series of interrelated NHI encounter type experiences you have had or are having, and/or if you have had other kinds of extraterrestrial encounter experiences as well, please describe the first experience as fully as you can, starting with the one that stands out most for you. Once you feel you have shared as much as you can about this first experience, then move on chronologically to the next NHI Contact experience, if any, and do the same with each. Remember to describe as many details as possible.
3. Describe in as much descriptive detail as you can the physical characteristics of NHI beings that you experienced. (e.g., height, head and facial features, hands, legs, genitalia, clothing, etc.).

**ET Contact Location Environment**

1. If your NHI Contact Experience took place inside a physical craft, please provide details of what you saw inside and/or outside the craft and if you saw it arrive, move, and/or maneuver. Also discuss if NHIs were with you, what were they doing, and if they were interacting with you in any way.
2. If your NHI Contact Experience was not on a craft, please describe the details of your surroundings and the type and manner of interactions, if any, with the NHI.
3. In your experience did it feel like you were moving into another dimension than normal physical reality than in your normal waking experience? If so, what did you believe about the reality of this multi-dimensional experience (i.e., was definitely real, probably real, probably not real, or definitely not real)?
4. Did any part of your NHI experience seem to involve something to do with dying, death, or life after death and some kind of afterlife (or after death) experience?
5. Did your experience reveal any kind of relationship between discarnate human spirits who survived death (i.e., the afterlife) on the one hand, and the NHIs kind and level of embodiment and realm of habitation? If this comparison stems from your experience, what was it specifically about your extraterrestrial contact experience that led you to make this comparison or seem to know now that is the case?

**3. ET Nature and Purpose**

For each of the questions indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for each question. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

1. Did the NHIs tell you about where they are from? If so, what did they tell you?
2. Did the NHIs tell you that there is some sort of a grand plan that experiencers are all a part of? If so, what did they tell you?
3. Did the NHIs tell you that any of these NHIs has performed a healing on either you or another member of your family? If so, what did they tell you?
4. Did any NHI being ever hurt or help you? If so, explain?
5. Did you feel a sense of expanded consciousness, love and/or hate in their presence? If so, explain?
6. Do you believe that you were abducted against your will? If so, explain?

**4. Non-Human Intelligent Communication and Information Received**

For each of the questions indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for each question. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

1. Please be specific in describing the nature and content of the kind of knowledge, information, or understanding, if any, you obtained from your NHI encounter(s).
2. Please describe in detail the manner in which communication was received (if any) during your encounter (e.g., telepathic or thought transference, images, direct knowing, intuition, audible speech, or intuition).
3. Was information given to you using non-language (e.g., symbols or recorded information)? If so, have you made any copy of these symbols or similar recorded information?
4. Were you provided anything in writing by these NHIs and if so, can you show it to us?
5. Do you remember any symbols either on any clothing of the NHI being, on a ship, or in another other place during your contact experience and, if so, can you draw some of these symbols?
6. Describe any physical item(s) provided by the NHI beings, and if so, do you still have it, and can you show it to us?
7. Did something during your NHI encounter experience seem to involve, or call forth in you, one or more kinds of psychic or parapsychological characteristics, phenomena, processes, or abilities (yours or the NHIs) as described below?
   1. telepathic communication (to or from you);
   2. clairvoyance or remote viewing (' seeing with the mind's eye'; visual experience or information not involving physical eyesight);
   3. Clair-audience, or hearing with the mind's ear, or hearing a voice within;
   4. Being given, or having at the time, information, or knowing, about the past or future (retrocognition, or precognition, or about one's own 'past lives' or related reincarnational knowledge).
   5. Psychokinesis (PK) or anomalous mind-matter relations or causality (e.g., 'mind-over-matter', including non-ordinary healing), that you experienced happening to you or to someone else and being attributable to the NHI(s) who were part of your experience.

**Scientific or Technological Information:**

1. If there were any scientific and/or technological aspects or information involved in your encounter, describe them in as much detail as possible. How did the scientific/technological aspect of your experience manifest itself to you?

**Philosophical or Metaphysical Information:**

1. Was there any philosophical or metaphysical content or characteristics to the information or understandings you experienced during your encounter(s)? And, if so, what was the nature of that content?

**Spiritual or Religious Information:**

1. Were there any spiritual (and/or religious) characteristics about your extraterrestrial encounter experience, and if so, did you experience some kind of personal spiritual transformation during or after your NHI experience that appeared to be correlated with, or due to, it? And can you describe in detail what that personal spiritual transformation experience was?
2. Did the NHIs spread a message of Love or Oneness to you? And, if so, what was the nature of that content?
3. Did the NHIs give you any message about Reincarnation? And, if so, what was the nature of that content?
4. Did the NHIs give you any message about God or a Creator and/or any information that we were created by them? And, if so, what was the nature of that content?
5. Did they give you any information about the death process, about life after death, or the spirit world? And, if so, what was the nature of that content?
6. Did the NHIs tell you anything about Religion? And, if so, what was the nature of that content?
7. Did the NHIs tell you that you are part of them in some way? And, if so, what was the nature of that content?
8. Did the NHIs Tell you about soul swapping, your soul moving into their body or that their soul can enter your body? And, if so, what was the nature of that content?
9. Did the NHIs Tell you that your spirit/soul was at one time a NHI? Do you believe that you are in essence a NHI? If applicable, do you want to return back to your NHI group? And, if so, what was the nature of that content?
10. Did these NHIs tell you about the concept of FEAR and/or of LOVE? And, if so, what was the nature of that content?

**Earth Changing Information:**

1. Did you receive any information affecting our planet in the past, present or future (e.g., a planetary extinction or a major catastrophe), and/or information on any earthly global, social-political, or related characteristics? If so, please provide detailed description.

**ETs working with Humans:**

1. Did the NHIs communicate information to you concerning you or your family’s role in their program, such as why you are part of their program or why they chose you? If Yes, please provide more detailed description.
2. If humans were on the NHI craft helping the NHIs, please describe how they were helping the NHIs? If Yes, please provide more detailed description.
3. Did the NHIs communicate information to you concerning you or your family’s role in their program, such as the number of generations you’ve been part of their program or why they chose you? If Yes, please provide more detailed description.

**MILABS (Military or Government Abductions):**

1. Did you encounter any humans dressed in either civilian or military clothing and seen together with a NHI, or an entity that looked like a NHI, most notably a “Grey” type of NHI, that was working together while you were either partially paralyzed, partially conscious or fully conscious? If Yes, please provide more detailed description.

**Personal Knowledge Revealed:**

1. Was there any personally relevant knowledge gained, or messages given to you, during your experience, such as insights about yourself, about your own past, current existence, or future; understandings about who you are and what has been, or is, happening to you in this life? If Yes, please provide more detailed description.

1. Was there any information conveyed to you about the relation to these or other NHI's prior to this particular experience? If Yes, please provide more detailed description
2. As part of this personal information you gained from this experience, did any of it involve other members of your family, even other generations of your family? If Yes, please provide more detailed description.
3. Did these NHIs convey to you information that you have previously made an agreement with them? If Yes, please provide more detailed description.

**Previous Relationship with the NHIs:**

1. Did these NHIs convey to you information to you, or did you somehow already know, that you had a previous relationship with these NHIs. If Yes, please provide more detailed description.

**5. Physical Experiences**

For each of the questions indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for each question. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

1. What kind of bodily or physical experiences, if any, did you have during your experience?
2. Did it involve any kind of scientific/bio-medical examination of you, and did NHI(s) involved share with you anything about why this procedure was being done to you? Be as specific and detailed as possible with your description of this examination, and what you knew or learned about it.

1. Did the NHIs tell you that you are involved in an alien breeding program? If so, do you know the purpose for this breeding program, and/or did the NHIs tell you that you have any alien hybrid children? If yes, were you ever presented an alien child and told that was your child? Did they give you information that they are upgrading our human DNA? Be as specific and detailed as possible with your description of this, and what you knew or learned about it.
2. Do you believe that you have any implants? If so, do know the reason for these implants and what they do? Be as specific and detailed as possible with your description, and what you knew or learned about it.
3. Did you come away from your extraterrestrial contact experience(s) with any kind of physical evidence from it that could help make a case for (even possibly prove) that it took place in a reality larger than your own subjective experience of it? That is, can you provide in the way of actual, objective evidence or proof to substantiate the reality of the extraterrestrial encounter experience you are sharing? For example, photographs and/or audio recordings, digital or predigital, of marks on your body associated with the experience; pictures of implants, recorded images of a NHI being associated with your experience, and/or of a "vehicle" (UFO), or even recorded images or sounds from aboard its vehicle or on its home planet? Be as specific and detailed as possible with your description of this evidence, and what you knew or learned about it.

52. Did you experience a type of healing of any physical condition during your encounter? If so, explain the nature of the procedure performed on you and the type(s) of ailment cured.

**6. Psychological Condition of Experiencer**

For each question indicated below, specify one or more of your mental and psychological state(s) or condition(s) during your encounter(s) with the ET from each of these: a) Conscious Explicit Memory (CEM); b) Hypnotic Regression/Hypnosis (H); c) a Lucid Dream (LD); d) Mystical Meditation (MM), e) Meditation (M); f) Drug Induced (DI), and g) Other (O)(specify the form of memory recollection if not addressed in a-f).

Use the acronym(s) for each above in your responses for each question. Again, indicate **all** types of mental states you may have had during each of your contact experiences.

**A. During the NHI Contact Experience**

1. What was your mental and psychological state(s) or condition during this experience, and what state of consciousness were you in, or did you move into, at the time of the experience? (e.g., were you in a dream or a state very much like a dream? Was it similar to or the same as being in an out-of-body experience, a near-death experience, a mystical experience, or a psychotic type experience of temporarily losing your mind)?
2. What was your emotional state (or states) during the experience (e.g., anxious, fearful, losing control; curious, elated, excited, inspired; or other). In each of the states that apply to you during your experience, please provide as much descriptive detail as possible so we can understand and emotionally relive this experience in its fully depicted psycho-emotionally experienced nature.